

# HEALTH KICK CANTEN 2024



BREAKFAST	PRICE	HOT FOOD	PRICE
E Cheesy Toasty ( White Bread )	\$2.50	E Garlic Bread	\$2.50
E Ham, Cheese and Tomato Toasty	\$4.50	E Pizza - Vegetarian or BBQ Chicken	\$6.00
E Toast ( Plain, Jam, Vegemite )	\$2.00	E Roasted Chicken Drumsticks	\$2.50
E Muffin ( Chocolate/Blueberry)	\$3.00	O Chicken Nuggets - 5 Pieces ( Extra 70 cents each )	\$4.50
E Fruit Salad	\$4.50	O Meat Pies - Low Fat	\$4.50
E Banana Bread	\$3.00	O Sausage Rolls - Low Fat	\$4.00
E Single Fruit	\$1.50	O Chicken Tenders - 3 Pieces	\$5.50

## LUNCH

Sandwich - Wraps - Rolls ( White & Brown )

E Vegemite	\$2.50
E Cheese	\$2.50
E Cheese and Tomato	\$3.50
E Cheese, Ham and Tomato	\$4.50
E Cheese and Vegemite	\$3.50
E Roast Chicken and Mayonaise	\$5.00
E Roast Chicken, Lettuce and Mayonaise	\$5.50
E Chicken and Salad	\$6.00
E Egg	\$3.00
E Egg and Mayonaise	\$4.00
E Egg Salad	\$5.00

## SNACKS

E BBQ Pop Corn Koala	\$2.00
O Popcorn Salted Koala	\$2.00
E Pizza Breadsticks ( 30 cents each OR 4 for \$1	\$0.30
O Grain Waves	\$2.00
E Rice Crackers	\$0.50
O Sea Salt Chips	\$2.00
E Home Made Popcorn	\$0.50
E Noodles - Chicken or BBQ	\$1.50

## DAILY LUNCH SPECIAL

E Pasta and Drink	\$8.00
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## WEDNESDAY'S ONLY

Hotdog	\$3.50
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## WRAPS

E Cheese and Tomato	\$4.50
E Cheese, Ham and Tomato	\$5.00
E Chicken, Lettuce and Mayonaise	\$5.00
E Salad	\$4.00

## BURGERS

E Grilled Chicken, Lettuce, Tomato and Mayo	\$6.00
E Chicken Tenders, Lettuce, Tomato + Mayo	\$6.00
E Beef, Lettuce, Tomatoe + Tomato Sauce	\$6.00
O Bacon and Egg	\$4.50

## PASTA

E Mac and Cheese	\$6.00
E Penne Bolognese	\$6.00
O Mamee Noodles	\$3.50
E Rice and Vegies	\$4.50
E Lasagna	\$7.00

## BEVERAGES

O Oak Milk ( Chocolate and Strawberry )	\$3.00
E Fruit Juice ( Apple, Orange )	\$2.50
E Juice Bomb ( Watermelon, Orange )	\$2.50
E Water 600ml	\$3.00
E Grove Mineral Water - Cool Blue / Melon	\$2.50
E Homemade Milkshake	\$3.00
E Homemade Hot Chocholate ( Winter Only )	\$2.00

## COLD TREATS

O Snap Sticks ( Blueberry, Grape, Strawberry )	\$2.00
E Juice Tubes ( Wildberry, Lemonade )	\$2.00
E Moosies	\$2.50
E Quelsh Ice Blocks	\$1.50
E Homeade Diet Jelly	\$1.00
E Jelly Sticks - 50 cents each OR 3 for \$1.00	\$0.50
E Slushie	\$2.00
E Yogurst Ice Cream	\$3.00
E Animal Poppers	\$1.00
E Frozen Nippies	\$1.50

E = Everyday  
O = Occasional

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## SAUCES

Tomatoe Sauce -	\$0.50 cents
BBQ Sauce -	\$0.50 cents
French Dressing -	\$0.50 cents
Cutlery -	\$0.20 cents

