



HEALTH KICK CANTEEN 2022



BREAKFAST

EH Cheesy Toasty (White Bread)	\$1.50
E Ham, Cheese and Tomato Toasty	\$4.00
E Raisin Toast	\$1.00
E Toast (Plain, Jam, Vegemite)	\$1.50
E Fruit Salad	\$3.50
E Banana Bread	\$3.00

PRICE

HOT FOOD

E Garlic Bread	\$2.00
EH Meat Balls - 4 Pieces	\$4.00
EH Roasted Chicken Drumsticks	\$2.50
OH Chicken Nuggets - 5 Pieces (Extra 70 cents each)	\$4.00
OH Meat Pies - Low Fat	\$4.50
OH Sausage Rolls - Low Fat	\$4.00
OH Chicken Tenders - 3 Pieces	\$4.00
E Rice and Veggies	\$4.00

PRICE

LUNCH

Sandwich - Wraps - Rolls (White & Brown)

E Vegemite	\$2.50
E Cheese	\$2.50
E Cheese and Tomato	\$3.50
E Cheese, Ham and Tomato	\$4.00
E Cheese and Vegemite	\$3.50
EH Roast Chicken and Mayonaise	\$5.00
EH Roast Chicken, Lettuce and Mayonaise	\$5.00
EH Chicken and Salad	\$6.00
E Egg	\$3.00
E Egg and Mayonaise	\$4.00
E Egg Salad	\$5.00

SNACKS

E BBQ Pop Corn Koala	\$1.50
O Popcorn Salted Koala	\$1.50
E Pizza Breadsticks	\$0.20
O Grain Waves	\$1.50
E Jatz	\$1.00
O Sea Salt Chips	\$1.50

DAILY LUNCH SPECIAL

EO Pasta and Small Water	\$7.00
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BEVERAGES

O Oak Milk (Chocolate and Strawberry)	\$3.00
E Fruit Juice (Apple, Orange)	\$2.00
E Juice Bomb (Watermelon, Orange)	\$2.50
E Water 600ml	\$2.50
E Chill J Drinks (Raspberry and Black Current)	\$2.50
E Homemade Milkshake	\$3.00
E Homemade Hot Chocholate (Winter Only)	\$1.50

WRAPS

E Cheese and Tomato	\$4.50
E Chese, Ham and Tomato	\$5.00
EH Chicken, Lettuce and Mayonaise	\$5.00
E Salad	\$4.00

BURGERS

EH Grilled Chicken, Lettuce, Tomato and Mayo	\$5.50
EH Crispy Chicken Tenders, Lettuce, Tomato and Mayo	\$5.50
O Bacon and Egg	\$4.00

COLD TREATS

O Snap Sticks (Blueberry, Grape, Strawberry)	\$1.50
E Juice Tubes (Wildberry, Lemonade)	\$1.50
E Ice Mony - Chocolate	\$2.00
E Quelsh Ice Blocks	\$1.50
E Homeade Diet Jelly	\$1.00
E Jelly Sticks (3)	\$1.00

PASTA

EH Mac and Cheese	\$5.00
OH Penne Bolognese	\$5.00
H Mamee Noodles	\$3.50

E = Everyday
O = Occasional
H=Halal

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